

# CAREER COMMUNITY NEWS

## Business, Finance , Consulting and Sales April 2025

### Events:

2025 JPMorganChase Virtual Freshman Focus

International Workers Series Panel

Goldman Sachs Asia Possibilities Series - Sustainability in Finance

Sooner Success Shindig – April 23rd and Sooner Success Shindig – April 24th (these come and go events are from 11:00am–2:00pm on the East Lawn of the Union)

Calling all graduating seniors! Whether you've landed a job, got into grad school, or are just excited to cross the stage – come celebrate your success with us! We'll have prize wheel giveaways, photo ops, glitter tattoos, snacks, and more!

### Tips and Tricks:

Are you looking for something to do this summer and can't find an internship? Volunteer instead! Volunteering is a great way to gain relevant experience without needing to always apply for a competitive program. Look for opportunities with local nonprofits in your industry of interest!

### Featured Articles:

Your guide to getting hired this spring, even if you've been procrastinating

Handshake career experts share their pro tips for succeeding in the spring job search.

5 great ways to engage with your network on Handshake

Commenting on Handshake can give you a career boost, no matter where you are in your journey.

The Ultimate List of Job Search Statistics

### Access and Opportunity:

How Gen Z is changing the conversation around mental health at work

The youngest generation of workers understands the link between mental health and productivity, and they're ushering in a culture of greater openness and support.

How a Handshake Message Turned Into a Summer Internship

Brittanie Rice, a Spelman College junior, shares her experience landing an Under Armour internship through Handshake.

### Employer Spotlight:

MidFirst Bank occupies a rare position within the banking industry. We are one of the largest privately owned banks in the United States and this combination of size and private ownership provides our customers with a special brand of banking. MidFirst Bank competes effectively with larger banks in terms of products and services, but provides customers the service and flexibility of a community bank. MidFirst Bank offers a full range of personal, commercial, trust, private banking and mortgage banking products and services. MidFirst is a strong commercial real estate lender and a major servicer of mortgage loans nationally.

### Career Center Updates:

Big congratulations to our very own Rick Dubler, Associate Director of the OU Career Center! He'll be recognized at the Staff Senate Awards Ceremony for 15 years of dedicated service to the university. Way to go, Rick!



CAREER CENTER  
The UNIVERSITY of OKLAHOMA